

BRILLIANT PARENTS – January 2024

Parent Support Programmes for the London Borough of Brent, Harrow & Hammersmith and Fulham

S/N	PROGRAMME TITLE	WHO IS IT FOR	DELIVERY DATE	BOROUGH/TIME	LOCATION
1.	Managing Fighting & Aggression	Parents/Carers with 2–11-year-olds	Monday 15 th January 2024	Brent/H&F/Harrow 10-12noon	Zoom
2.	Hassle Free Shopping with Children	Parents/Carers with 2–10-year-olds	Tuesday 16 th January 2024	Brent/H&F/Harrow 10-12noon	Zoom
3.	Developing Good Bedtime Routines	Parents/Carers with 2–10-year-olds	Friday 19 th January 2024	Harrow 10-12 noon	Pinner Park Primary School
4.	Dealing with Disobedience	Parents/Carers with 2–11-year-olds	Monday 22 nd January 2024	Brent/H&F/Harrow 6-8pm	Zoom
5.	Getting Teenagers to Cooperate	Parents/Carers with Teens (11+)	Tuesday 23 rd January 2024	Brent/H&F/Harrow 10-12noon	Zoom
6.	Coping with Teenagers' Emotions	Parents/Carers with Teens (11+)	Tuesday 23 rd January 2024	Brent/H&F/Harrow 6-8pm	Zoom
7.	Reducing Family Conflict	Parents/Carers with Teens (11+)	Friday 26 th January 2024	Harrow 10-12noon	Nower Hill High School,
8.	Building Teenagers' Survival Skills	Parents/Carers with Teens (11+)	Monday 29 th January	Brent/H&F/Harrow 10-12noon	Zoom
9.	Reducing Family Conflict	Parents/Carers with Teens (11+)	Tuesday 30 th January 2024	Brent/H&F/Harrow 10-12noon	Zoom

To register for **any or all** the Discussion Groups, kindly complete and submit **both** the registration form and parenting experience survey at these links:

<https://www.brilliantparents.org/brilliant-parents-bl-registration-form/>

<https://www.brilliantparents.org/triple-p-parenting-experience-survey/>