



THE FULHAM BOYS SCHOOL

A Church of England School

The Fulham Boys School

SERVICES

Course 9: Sports Engagement

The FBS philosophy of 'sport for all' means encouraging all boys to get active, and stay active for life. We want every boy to reach his sporting potential and find an interest that will stay with him beyond his school years. Sport is integral to school life, building a sense of achievement and self-improvement and developing team spirit and pride in school.

Course length: 2 hours, from 1.30 - 3.30pm on Friday afternoons.

Where course is held: rugby, football and cricket at Barn Elms, indoor rowing at FBS.

Course dates: Rugby 28/9/18, Football 1/2/19, Cricket 14/6/19, Indoor Rowing 7/12/19.

An outline of what the course will look like:

- Each session will be run as a tournament for primary schools
- Each primary school will be able to enter two teams of 9 boys to compete in the different tournaments
- FBS PE staff will run all tournaments
- An insight into the benefits of teams sports, fitness and exercise